



EURODEPUTADA
SOFIA RIBEIRO



Associação de Doentes de
Dor Crónica
dos Açores

I INTERNATIONAL CONGRESS OF ADDCA

CELEBRATION OF THE 13th ANNIVERSARY

The social impact of pain, from knowledge to practice!

The Chronic Pain Patients Association of the Azores (ADDCA) is a Rehabilitation Center for people with disabilities and a Support Center in the form of Attendance of people with Chronic Pain and their families.

It is a private, non-profit social charity association with about one hundred members and a member of the Pain Alliance Europe (PAE). It was created in 2005, being the first Portuguese Association and the second in the Iberian Peninsula, committed and dedicated specifically to Chronic Pain as a Disease.

2018 is the Global Year of Excellence in Pain Education, celebrated with the primary goals of improving education about Pain, not only for health professionals and educators, but also for students, policymakers, researchers, the patients, caregivers and the public.

At the same time, with the participation of ADDCA in international projects, such as the dissemination of the European Charter of Patients' Rights, actions to mitigate the Societal Impact of Pain (SIP) and the International "One Hundred Cities Against Pain" Campaign, the celebration of the 13th anniversary of ADDCA, for an international event with the participation of national and international partners, will enrich all actors, including patients, family members, politicians, decision makers, media.

GOALS

To promote the dissemination of research results, new scientific information, inform decisions at European level and facilitate the link between the scientific universe and society, bringing citizens closer to science.

To design the Autonomous Region of the Azores within the framework of the European Research Area and to promote new scientific partnerships and information networks.

TOPICS

Social Impact of Chronic Pain in Portugal - "what Epidemiological Studies tell us"

As Europe sees the problem of Chronic Pain, the role of European Citizens and the European Charter of Patients' Rights

Patient Centered Care

Strategies in the Autonomous Region of the Azores

Positive Psychology, Mindfulness and Chronic Pain



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ORGANIZATION / SPONSORS

Regional Directorate of Science and Technology of the Government of the Autonomous Region of the Azores

Regional Directorate of Health of the Government of the Autonomous Region of the Azores

Regional Direction of Social Solidarity of the Government of the Autonomous Region of the Azores

EP Intervention Group on "European Patients' Rights and Cross-Border Health Care", MEP Sofia Ribeiro

Active Citizenship Network (ACN), Sine Pain European Pain Foundation, Isal Fondazione (ISAL)

Ponta Delgada City Hall

Portuguese Association for the Study of Pain (APED)

Chronic Pain Patients Association of the Azores (ADDCA)

Chair of Pain Medicine of the Faculty of Medicine of the University of Porto

PARTNERS

Pain Alliance Europe (PAE)

Health Unit of São Miguel Island (USISM)

Directing Council of the Regional Section of the Autonomous Region of the Azores of the Order of Nurses

Clinic São Sebastião de São Miguel

Local media

ORGANIZATION

Coordinator Responsible: Mestre Ivone Machado (ADDCA)

Scientific commission:

Congressional Merit Appraiser: Professor Maria Teresa Medeiros (UAc)

Mestre maria Teresa flor de Lima (ADDCA)

Mestre Luís Furtado (Nurses' Order)

Master Ivone Machado (ADDCA)

Organizing committee:

Coordinator: Mestre Maria Teresa Flor de Lima (ADDCA)

Mestre Luís Furtado (Nurses' Order)

Master Ivone Machado (ADDCA)

Ana Maria Louro and Directory (ADDCA)



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PROGRAM

2018/09/27 - Debate

Objectives: To disseminate the Social Impact of Chronic Pain to patients, families, health systems, politicians, media and society.

Location: Centro de Estudos Natalia Correia (CMPD)

2018/09/28 - Congress

Intended for: professionals, patient associations, IPSS, public

Location: Centro de Estudos Natalia Correia (CMPD)

Opening Session: Chaired by the President of the CMPD

Panel 1:

How Europe sees the problem of Chronic Pain:

Pain and Disability - Sofia Ribeiro (MEP)

The right of patients not to have pain - the perspective of citizens - Mariano Votta (ACN)

Presentation of the Sine Dolor World Park - Jordi Moya (Minorca)

Interval

Conference 1:

Impact of Chronic Pain in Portugal - What Epidemiological Studies Tell Us - Prof Doctor Castro Lopes (Chair of Medicine of Pain-FMUP)

Conference 2:

Strategies in the RAA - Tânia Cortez (DRS)

Lunch

Panel 2:

Rights of Patients

European Charter for the Rights of Patients - Ivone Machado (ADDCA)

Pain Alliance Europe - Maria Teresa Flor de Lima (ADDCA)

Presentation of invited patient associations

Interval

Workshop 1 Positive Psychology - Prof Doctor Teresa Medeiros (UAc)

Workshop 2 Mindfulness and Pain - Prof. Dr. Isaura Tavares (FMUP)

2018/09/29 - Actions in the City

«Ponta Delgada against Pain» - International campaign «One Hundred Cities against Pain»

Objectives: Activities to publicize the Impact of Chronic Pain to the public in two strategic points of the city, with specialized information by health professionals and researchers and distribution of pamphlets and resources in the RAA.

